

Society is Controlled: It's Up to Us to Change Our Reality!

Dr Lisa Hutchinson

On 11 April 2024, ACHES (Adult Child Health and Environmental Support) hosted a London-based event at the Emmanuel Centre titled "[Society: Controlled or Free - It's Up to Us!](#)". This hugely successful gathering with over 450 attendees provided a birdseye view of the multipronged power structures at play to enslave humanity. This dire situation prompted ACHES to host this timely, much-needed 5-hour event summarising essential background context with an impressive series of videos, pre-recorded interview, live speaker presentations, as well as audience Q&A, which collectively demonstrated our society is well on the road to enslavement. Globally, we have witnessed and experienced the execution of military warfare that is using "psychological operations and social media to help fight wars in the information age". Shadow governments worldwide have covertly unleashed a form of domestic terrorism against innocent citizens.

To set the scene, Mark Sharman in collaboration with Oracle Films provided a sneak preview through excerpts from a new unedited documentary titled "[The New World: A Fool's Paradise](#)". These clips highlighted the planned digital prison for humanity, and the sobering truth that the globalist elites have already built the digital prison framework for every person on the planet. The three segments to this control grid are: surveillance, digital IDs, and a central bank digital currency (CBDC). Governments want to know everything about every citizen, feeding all the data into a 'central grid' to weaponize your data to control you, under the guise of climate change. Of course, there is no climate crisis. However, the surveillance technocracy is capturing all energy output to create a social credit system based on carbon content score, engineered to enslave humanity. For decades, our weather has also been manipulated using cloud-seeding and geoengineering technologies to produce extreme weather events that 'follow the narrative.'

For many, the shocking reality of the dystopian globalist agenda (also known as [Agenda 2030](#)) was brought into sharp focus. Sandi Adams explained the history behind the The United Nations (UN) Club of Rome Think Tank, which initiated sustainability goals fostered around environmentalism and pollution. In 1995, anthropogenic global warming became entrenched in the planetary biodiversity assessment, developed by the Rockefeller and Rothschild empires. This seeded the idea that mankind was condemned to destruction unless a world government initiated population reduction was not made global policy. [Dennis Meadows](#), a Club of Rome member and author of "[Limits to Growth](#)" famously opined the 8 billion global population must be reduced to 1-2 billion. Depopulation is no secret: it is central to the globalist agenda.

The UN sustainable development goals (SDGs) provided the template for the urbanisation and Marxist plot to control man, also known as Smart Cities. The depth of indoctrination and infiltration is enormous. To date, a staggering 96 cities, representing 8% of the world's population have signed up to the [C40 Cities](#) Climate Leadership Group, as governments are intent on achieving the SDGs and Agenda 2030 goals. Part of the plan is to gather everyone's consumption habits via surveillance technocracy using AI and blockchain, to create a digital 'footprint' of every person's activity to be used in a social credit system tokenized as 'carbon credits', under the guise of climate change. By 2030, the wider plan is to have no commercial flights, no beef or lamb production, and no wood burning or gas stoves.

Dr Tess Lawrie provided much needed optimism to combat this dystopian plan. She posited that we have a choice: "The Great Freeset", which was established by the [World Council for Health](#) (WCH). Tess reiterated the sobering reality that Covid-19 was a man-made health crisis whereby effective treatments were withheld, dangerous experimental gene-based 'vaccines' were deployed with no clinical evidence to support their use, ushered in by a political establishment of globalist minorities seeking to control humanity through WHO and UN policies. The complicit mainstream media, which is owned by intelligence agencies, colluded to censor the truth. Countering this corruption, the WCH was founded in September 2021 showing that "[There's a Better](#)

[Way](#)". The WCH is a decentralised people's organisation formed of a coalition of over 230 organisations in 55 countries. It enables trustworthy health information to be freely available to the public. It is a collaborative organisation with no financial conflicts of interest. The WCH vision is a healthy, free and sovereign world where we can all generate, sustain, and protect our health and our loved ones, our communities and our environments.

Scott McCullough, (lead outside Council for the [Children's Health Defense](#), who partnered with ACHES for this London event) provided further details in a live-streamed broadcast. He stated that consumer facing wireless technologies took off in the early 1980s and the growth rates are still profound. The ability already exists to track you in everything you do, perceive, feel, think and believe. What you buy, where you go and what you own are all under the control of technocracy. The UN Agenda 2030 plans to destroy family units to create a conformist society with allegiance only to those in control. Consumer wireless technologies connected to a central network already track humans under 24/7 surveillance. Inter-operational communications driven by AI and algorithms can manipulate and maintain a control state. All household computers and devices have unique identities that are linked to centralised network communications, and are extensions of your digital ID. Government surveillance projects monetize your data by selling it to third parties, such as Google and Facebook. Your personal information is captured, stored, and is being weaponized against you.

Nicholas Martin, Chair of ACHES, summarised that the plan of the globalists is to hack human beings and harness their energy so they can be controlled and monitored. This is achieved when the Internet of things (IoT) connects with the body, resulting in the Internet of Bodies (IoB). The IoB is an extension of the IoT and connects the human body to a wireless network through devices that are ingested, implanted or connected to the body. Once connected, data can be exchanged, and the body and the device can be remotely monitored and controlled. Nicholas showed how representatives of the World Economic Forum (WEF), such as Yuval Noah Harari, boast that "today we have the technology to hack humans on a massive scale. People could look back

in 100 years and identify the coronavirus pandemic as the moment when a new regime of surveillance took over, especially surveillance under the skin.”

In a pre-recorded interview with Mark Steele (weapons expert) and Todd Callendar (international lawyer) both explained how microwave fields can interfere with the quantum field and cause ionising as well as non-ionising effects, which are highly dangerous to all sentient life.

Optogenetics, a biological technique cultivated decades ago, uses light to control the activity of neurons or other cells. The expression of light-sensitive ion channels, pumps, or enzymes in individual (target) cells enables precise control of biochemical signalling pathways. Such opsin-based technologies can alter our behaviour and our biology.

We have entered the transhumanism realm in which changes to DNA, captured with optical imaging and nanotechnologies, can record changes in human behaviour. The nanoparticulate components introduced with each covid inoculation have the ability to self-assemble and act as a network for monitoring the human body. The development of tagged, fluorescent-protein systems that detect interactions from the low nanomolar to micromolar range illustrate such advances are already in use. Optogenetics programmes that use bioinformatics and biologically inspired operation systems are an extermination tool.

Injected nanoparticles that interact with 5G electromagnetic fields (EMFs) enable monitoring of biometrics. The nanoparticles interacting with the microwave radiation results in increased EMF effects in the body, leading to damage throughout the cardiovascular system and also causing cancers. This explains why so many excess deaths have occurred since 2021. Nanotechnology enables the harnessing of energy for further control. All 5G collimated signals are capable of scanning the field and backhauling data. The power output from ubiquitous 5G antennae, including in the LED streetlights, can scan the body. Such energy inversion harvesting is intentional to cause sickness, ill health and death. Covid-injected people are now considered the intellectual property of the US Department of Defense patent holders, because humans have been synthetically ‘genetically modified’.

Crucially, 5G cell tower infrastructures are the linchpin for the digital enslavement to succeed. 5G and wifi technologies create a densified field that when disturbed can be digitised to enable full monitoring and control. Without the scanning and backhaul technology of 5G, the control agenda of the 4th industrial revolution cannot be fulfilled. Radiofrequency radiation (part of 5G) is damaging to all living things as it is a directed energy that interferes with all biochemical and cellular mechanisms. Studies show 5% of the world population already have moderate EMF symptoms and 1.5% have severe symptoms, with nearly 500,000 in the UK so badly affected that they cannot engage in any everyday normal activities. Most people do not accept that such technology exists; however, science and technology are many decades ahead of public awareness. Once it is realised that 5G is pivotal to the biohacking enslavement plan, we can overturn this extinction agenda.

MP Andrew Bridgen concluded by explaining that governments around the world can manipulate the death statistics but they cannot hide the bodies. For the covid booster programme, the number needed to vaccinate with the booster to keep one person out of hospital is far fewer than the one in 800 severe adverse effects that the vaccine recipients would experience. Taking the healthy 40-49 age demographic as an example, 934,400 people would be injured from covid vaccines to keep one person out of hospital. Since speaking out in the Chamber in December 2022, Andrew was told there is no political appetite for his views on vaccine injuries! Nevertheless, he has been contacted by thousands of vaccine injured and bereaved. Continuing to put pressure on local MPs is important to help represent the voices of the vaccine injured. The first step in creating change is to admit there is a problem.

ACHES has made great strides in [raising awareness](#) regarding the fraud by local councils in permitting 5G cell tower installations. For instance, safety certificates to guarantee public health have been submitted in the names of non-existent or dissolved telecommunications companies. Many local councils and governments worldwide are complicit in harmful EMF and 5G-based digital prisons. If you are concerned about the 5G installation and would like to contact your local councils, helpful template

letters can be found in the [Councils and Planning](#) section of ACHES.
Together we can help humanity to prosper!