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## WAYS TO RESIST DIGITAL ID

Digital ID is not about convenience, it is about control. If adopted, governments & institutions will only recognise you through this system. In order to access any services or resources, you will need a QR code (single identifier), which could be restricted or even denied if digital systems fail or your 'social credit score' is insufficient. Currently, paper documents and passports are a safer option. The linchpin for ushering in this technological control requires the latest generation technology (5G), which enables biometric scanning and backhauling of data.



### Actions you can take

- Delete or decline to install government apps, especially **GOV.UK ONE LOGIN**
- Delete or decline to install NHS Apps and limit their use
- Check and revoke App permissions (camera, microphone, location)
- Avoid uploading biometric photos/face scans to Apps/ services
- Insist upon, and keep safe, **physical hard copies** of critical documents (IDs, certificates, bank statements)
- Back-up key documents (hard copies) to reduce using the Cloud
- Always request **non-digital alternatives** – they do exist!
- Turn off Face ID and fingerprint unlock on your phone
- Have an old basic phone for calls and texts, and a separate smart phone only for sensitive services
- Avoid biometric self-scan cameras and unstaffed services

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- Avoid having to “log-in”, or signing for loyalty cards, as these can store your data
- Limit sharing identity information (DOB/address/job)
- Decline cookies
- Turn off location services & Bluetooth, when not needed
- Use strong unique passwords & two-factor identification

## Other Recommendations

- **Keep cash alive by using it**
- Avoid businesses refusing to take cash. Promote those that do!
- Publicly call out cashless shops & businesses via reviews
- Use banks with a meaningful in-branch cash service
- Sign petitions opposing mandatory Digital ID
- Support local and national campaigns against increasing surveillance
- **Submit objections** to telecoms mast applications to prevent Digital ID control\*
- Ask for **Equality Impact Assessments** and write to your MP for a **Data Protection Impact Assessment**



Adult Child Health and  
Environmental Support



\*For guidance, see  
[www.aches.international](http://www.aches.international)